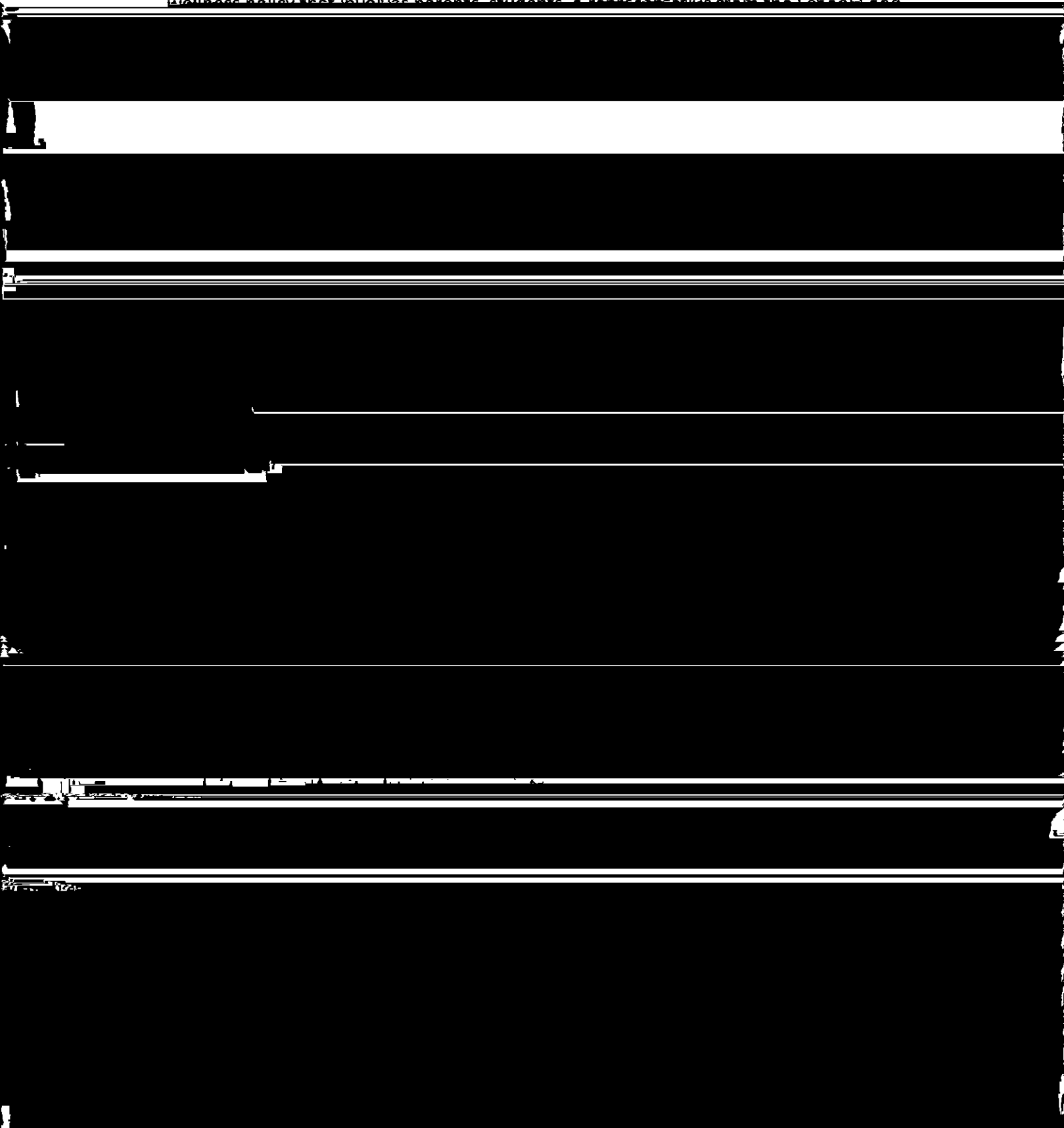


**Campus Wellness Plan Purple Sage Elementary
2024-2025**

Federal Public Law (PL 108.265 Section 204) states that all schools must develop a local wellness policy that involves parents, students, a representative from the School Food



- Students will participate in P.E, soccer club, and structured play time during music, Students will receive no less than 50 minutes of recess per week and 135 minutes of physical education, per week. The P.E. department will follow the CATCH Physical Education Program and implement the fitness gram test, grades 3-5.

Other School Based Guidelines

1. Provides opportunities and campus activities for staff and students to improve their health and wellness by providing health information, encouraging exercise and healthy eating, providing convenient vaccines at school and

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Ley Pública Federal (PL 108.265 Sección 204) establece que todas las escuelas deben desarrollar una política de bienestar local que involucre a los padres, estudiantes, un representante de la Autoridad de Alimentos Escolares, la junta escolar, los administradores escolares y el público. La Autoridad de Educación Local (LEA) establecerá un plan para medir la

- La actividad física no se utilizará como castigo (por ejemplo, correr vueltas o flexiones)
- Los estudiantes participarán en educación física, club de fútbol y tiempo de juegos estructurados durante la mañana. Los estudiantes recibirán un